

2007-2008 LATIN SPRING PRACTICE SCHEDULE

Begin March 17th-End June 6th (Revised 3/12/08)

Practice Group	Time	Day	Training
Nova I	3:30-4:30 pm	M, W	Practice
Nova II	3:30-4:30 pm	T, TH	Practice
All Nova	3:30-4:30 pm	Friday	Practice
Bronze	3:30-4:45 pm	M - F	Practice
Silver	6:15 – 8:15 pm	W	Practice
	6:30 – 8:30 pm	T, TH	Practice
	5:30pm-7:00pm	M @ PHS	Practice
	6:30pm-8:00pm	Friday	
Gold	6:00 – 8:15 pm	M, W	Practice
	5:30pm-7:00pm	T, TH @ PHS	Practice
	6:30 – 8:00 pm	Friday	Practice
	10:45 – 12:15 am	Saturday	Practice
White	7:00 – 8:45 pm	M	Practice
	5:30pm-7:00pm	W @ PHS	Practice
	6:30 – 8:45 pm	T, TH	Practice
	10:45 am – 12:15 noon	Sat	Practice
Orange	4:15 – 6:45 pm	M, W	Practice
	6:30 – 8:15 pm	T, TH	Practice
	5:00-6:30 pm	Friday	Practice
	6:30am-8:30am	Saturday	Practice
Blue	5:00 – 6:30 am	TBA	Practice
	5:00 – 7:00 pm	M, W	Practice
	4:15 – 7:00 pm	T, TH	Practice
	4:30 – 6:30 pm	Friday	Practice
	HFFA/Latin TBA	Saturday	Practice
Senior III	6:30 – 8:30 pm	M, W	Practice
	4:15 – 7:00 pm	T, TH	Practice
	3:30 – 5:00 pm	Friday	Practice
	6:30 – 8:30 am	Saturday	Practice
Senior II	5:00 – 6:30 am	M, W, F	Practice
	3:30 – 6:30 pm	M, W, F	Practice
	4:30 – 6:30 pm	T, TH	Practice
	6:30 – 8:30 am	Sat	Practice
Senior I	5:00 – 6:30 am	M, W, F	Practice
	4:20 – 6:30 pm	M, W	Practice
	3:30 – 6:30 pm	T, TH	Practice
	4:20 – 6:30 pm	Friday	Practice
	6:30 – 10:00 am	Saturday	Practice

PHS= Providence High School

Practice times include both water and dryland time.

Latin Friday/Saturday schedule subject to change due to Saturdays being long course training.